

# YOUR HEALTH APP DOES MORE THAN JUST COUNT YOUR STEPS...



1

Find the pre-downloaded app on your phone.

2

Access your **health profile** in the top right corner of your screen

3

Update **Medical ID** & allow emergency access (without a code)

4

Establish **emergency contacts** - they are automatically contacted with your location if emergency assistance is called from your phone.

5

Add any additional information such as if you are an organ donor or your health records.



\*iPhone health app icon

## FOLLOW THESE STEPS...

**This could save your life!**

Help save a life.  
Visit [College911.net](http://College911.net)<sup>TM</sup>